

ALEXANDRIA COMMISSION ON AGING MEETING MINUTES

*March 10, 2022 – DRAFT [March 14, 2022]
Virtual Meeting*

Members Present: Michael Schuster, Barbara Huelat, Canek Aguirre, David Kaplan, Ellen Nelson, Gerri Wallace, Jenn Stowe, Jim Lindsay, Karen Mckee, Lois Steele, Mary Lee Anderson, Michael Kamin, Michael Kreps, Ray Biegun, William Campbell, William Thomas Reeder

Members Excused: Babs Waters, Barbara D’Agostino, Dawn Higgins, Lynette Foster

Members Unexcused: none

Liaisons Present: Anne Coyne, St. Martins Senior Center; Darrell Wesley, Adult Day Services Center; Ian Torrance, Police Department; Margaret Orlando, Recreation, Parks and Cultural Activities; Pamela Guerra, Senior Center @ Charles Houston

Staff Members Present: Chris Moore, Kim Taylor and Pam Austin, Division of Aging and Adult Services; Evelyn Quiles, Workforce Dev. Center

Guests Present: Bob Eiffert, Housing Committee; Charles Bailey, Housing Committee; Gaynell Diaz, ARHA; Jane King, COA Housing Committee; Pat Killeen, PHAC; Joanne Broderick; Tom Reiter, Zhao Zhang, Dr. Racheli Schoenburg, PACE

1. **Call to Order.** Secretary Mr. Schuster called the March meeting of the Commission on Aging (“COA”) to order at 4:03 PM.
2. **Approval of Agenda.** The agenda for the meeting was approved unanimously.
3. **Approval of Minutes.** The February minutes were approved unanimously.
4. **Alexandria Police Department Liaison Report.** Sgt. Torrance discussed romance scams. He said the Federal Trade Commission has received many complaints about this type of scam. In Alexandria, from March 2021 to March 2022, the police department has received 74 incidents of scams, but only one that was a romance scam.
5. **Special Presentation:** Cherry Blossom PACE: Zhao Zhang, Vice President of Operations at Concerta CARE, the sponsor of Cherry Blossom PACE, and Dr. Rachli Schoenburg, Medical Director. Mr. Zhang presented an overview of the new PACE program in Alexandria, serving the city, Arlington County, and parts of Fairfax County. He discussed the criteria for their program. First, an individual must be at least 55 years of age, be screened to ensure that they meet the criteria for nursing home level of care, and can also live safely in their home or their community. There is no restriction based on pay status - the typical participant is a dually eligible person – someone eligible for both Medicaid and Medicare. PACE operates as both a health plan and a healthcare provider

for participants. Based on the participant's individual care plan, he or she can receive services both at the PACE facility and at home. The care plan addresses the individual needs regarding Activities of Daily Living (ADLs) and Instrumental Activities of Daily Living (IADLs).

Mary Lee Anderson said that Senior Services has already found PACE a good community partner. She said many the PACE staff have helped deliver meals to older Alexandrians through the Meals on Wheels program. Both Zhao and Dr. Shoenburg said that their staff found the experience incredibly enjoyable, and they look forward to working together with SSA in the future. Dr. Schoenburg said delivering meals gave them the opportunity to get to know Alexandria better, and to get reacquainted with participants of the former PACE program. Jim Lindsay, who is president of a couple of home health care agencies, said he was also interested in working with the PACE program.

6. **Executive Committee Report.** Materials previously distributed.

7. **Discussion /Action Items**

- a. **Budget Briefing by the Office of Management and Budget (OMB) on February 25, 2022.** The minutes from the Advocacy Committee, and the letter and testimony by Michael Schuster were included in the agenda package. Mr. Schuster said that the testimony given on behalf of the Executive Committee thanked the City Manager and the Director of the Department of Community and Human Services for adding \$306,000 to the city's rent relief program, and requested the City Council to increase the asset limit for the real property tax relief program. Mayor Justin Wilson asked the City Manager to prepare a memo discussing the options for making this change.
- b. Chair Babs Waters appointed Michael Schuster as the Commission's partner to the City's federally-funded Community Block and HOME investment program.
- c. **Transportation Committee's request that the COA approve the draft Letter of Support for the Increased Prioritization for Funding for Vision Zero and Complete Streets in FY 2023.** Co-chair David Kaplin explained that the city has inadequate staffing for this initiative. The letter requests additional staffing to bring it up to its original level. According to the draft letter:

“An appropriate level of staff resources devoted to managing the Complete Streets program is critical to achieving the transportation goals laid out in the Age Friendly Plan. The COA is concerned that the Complete Streets program has fewer FTE's than the program had four years ago and that there has been a high level of turnover in these positions costing the City valuable institutional knowledge as staff depart.”

The Commission members voted unanimously to approve the letter.

- d. Thank you Ray Biegun for accurately and faithfully taking notes for the Executive Committee for two years.
- e. **COVID-19 Vaccinations Updates:** Gerri Wallace. Gerri reported that in the last seven days, the transmission rate for Alexandria is 101.6 per 100,000 residents, which puts the city in the high range. However, according to the new CDC criteria that focuses on hospitalizations, the city is in the low range. The total of COVID-19 cases is at 29,792. Eighty four percent of residents, five years of age or older, have been partially or fully vaccinated, and 75.6% are fully vaccinated. This compares to 81% of Virginians who are partially vaccinated or fully vaccinated, and 72% who are fully vaccinated. Gerri also said that every household is now eligible to request up to two additional free sets of at-home Covid-19 tests.
- f. There was some discussion about the start of in-person public meetings again, and both Chris Moore and Caneck Aguirre said the city is making plans for an announcement very soon, and that in-person meetings would probably start in May.
- g. Pam Austin welcomed the new Commission member, William Thomas Reeder. He said he is interested in transportation issues, especially as he is an avid cyclist.

8. **Liaison Reports.**

- a. *Division of Aging and Adult Services.* Christopher Moore, the new director of the division, updated the commission on activities within the division. The division has applied for funding under the American Rescue Plan Act to launch an outreach program to low English proficiency communities regarding Covid-19 vaccinations. The division would work with the Senior Services of Alexandria on the implementation of the outreach project. He is involved in interviews for a management analyst who will be in charge of contracts, including negotiating agency contracts.
- b. *AHA.* Bob Eiffert said they will be probably be doing in-person programs beginning next month.
- c. *Commission for Women.* Jenn Stowe said they had a meeting on Tuesday in which the first fifteen minutes were with the City Council to hear the proclamation issued by the Council to honor Women's History Month. The Council asked the Commission on Women to accept the proclamation honoring abortion clinics. After a robust discussion, the commission voted not to support the proclamation on abortion providers in the city. It was eventually pulled from the Docket. The rest of the Commission meeting was devoted to working on their vision and talking points to share with the City Council. They next discussed their two priorities which are sexual assault and domestic violence, and affordable housing. They are working on one-

paggers on these priorities to share with the Council. They are seeking volunteers to write articles on selected topics for the local Zebra newspaper.

- d. *Commission on Persons with Disabilities*. Michael Kamin reported that at their last meeting they had a representative from the Department of Labor's Office of Disability Inclusion. They discussed the issue of self-identification, and how this may be a disadvantage in applying for federal jobs. Lastly, the Commission voted on a letter requesting that the City Council re-impose a mask mandate, which passed.
- e. *AARP*. Jane King said that AARP's programs are still virtual. In addition, she reported that the committees are working on the Age-Friendly evaluation report, which will help the Commission to complete the goals for the new plan. She said we should hasten to complete the evaluation and new plan so that the commission can get them before the City Council, in part to educate the three new council members about our work. Jane said the results from the current plan are very positive, as we have achieved most of our objectives.
- f. *NVAN*. Babs Waters. On behalf of Babs, Michael Schuster reminded the commission that the next meeting will be March 15th at 9:30 a.m., hosted by Alexandria COA. The presenter at the meeting will be from Cherry Blossom PACE. At the April meeting, they will brainstorm about ideas for the NVAN platform priorities.
- g. *Senior Center at Charles Houston*. Pam Guerra submitted a written report. She said they will reopen in a couple of weeks, and they have a strong walking group. Materials previously distributed
- h. *Arlington Legislative Committee*. Michael Schuster said there was nothing new to report.
- i. *St. Martins Senior Center*. Anne Coyne said they have gone back to in-person programs and that the participants are happy to be back. Materials previously distributed
- i. *Senior Services of Alexandria*. Mary Lee Anderson reported on their March for Meals initiative. They received a proclamation from the City Council for their March for Meals. She said many public officials have volunteered to deliver meals, and encourage commission members to do likewise. Materials previously distributed
- j. *Alexandria Commission on Employment*. Mary Lee said that WDC is interviewing for a new director and several other positions.
- k. *Northern Virginia Fall Prevention Alliance, NVFPA*. Mary Lee Anderson said that they just had their quarterly meeting, and are reaching out to PACE to coordinate their activities in this area.

- l. *Successful Aging.* Margaret Orlando said they are planning for the April Walk-a-thon at Brenman Park, and the intergenerational dance for all ages with Alexnabria City High School, possibly in May.
- m. *Recreation, Parks, and Cultural Activities.* Margaret Orlando said new program guide on activities will be out soon, and registration for programs begins on March 23rd, for Spring and Summer classes.
- n. *Alexandria Adult Day Services Center.* Darrell Wesley said that participants are slowly coming back to the center. They are planning for a reopening on April 4th. Due to social distancing guidelines, the number of participants per day will be limited. They are still interviewing for two positions.
- o. *Housing Affordability Advisory Committee.* Jan Macidull submitted a written report, that had been distributed to the commission before the meeting. Materials previously distributed. See attached additional materials.

9. **Committee Updates.**

- a. *Housing.* The next Housing Committee meeting is March 21st at 1:30.
- b. *Outreach.* The Outreach Committee will meet on March 23rd at 11:30 a.m. The Committee meets on the fourth Wednesday of the month. Materials previously distributed. See attached additional materials.
- c. *Transportation.* Nothing new to report. They meet on the fourth Monday of each month. See attached materials
- d. *Economic Development.* Mary Lee Anderson said the IRS-approved tax-exempt group is gearing up to help older persons who want to become entrepreneurs. Their roll out event will be in April. They are also involved in reinvigorating the Silver Service discount card with local businesses.
- e. *Strategic Planning.*
- f. *Health/Dementia Friendly.* Barbara Huelat said that they had their first meeting on March 3rd, and will meet on the first Thursday of the month at 4:00 p.m. At their meeting they discussed their mission and their support of the Alexandria Dementia Friendly program. They also discussed updating their training materials, and working on a program for caregivers dealing with dementia issues. They are planning a public relations campaign for caregivers dealing with dementia. She encouraged commission members to become “dementia friends,” by taking their training. They will be working on Covid-19 issues relating to mental health, socialization and health needs. They will also be collaborating with other dementia friendly groups, such as Fairfax County and AARP. Their next meeting is on April 7th. See attached materials

g. *Advocacy.* Materials previously distributed

10. **Other Business.** Bob Eiffert and Caneck Aguirre went over the important dates for the proposed City Manager's Budget. The work sessions to go over the human services and housing related budgets are March 16th and March 23rd, respectively. They will meet at 7:00 p.m. The next public hearing will be on April 23rd to go over the tax rate and Add/Delete items. The preliminary Add/Delete work session is April 26th, and the final Add/Delete session is on May 2d. The final adoption of the budget is scheduled for May 2d.

11. **Meeting Adjournment.** There being no further business, the meeting adjourned at 5:25 PM.

Minutes will be presented at the April 14, 2022, COA meeting for approval. The next Executive Committee meeting is on April 4, 2022 at 1:30 p.m.

Minutes prepared by Michael Schuster, COA Secretary.

**Alexandria Housing Affordability Advisory Committee Report Virtual Meeting –
March 3, 2022**

Notes by Jan Macidull, COA member of AHAAC

Topics Covered

1. Briefing on Urban Institute Study of the Impact of Affordable Housing on Property Values (Tamara Jovovic/Tina Stacy of Urban Institute & Christopher Davis, Urban Institute data scientist)

residential low income, affordable properties. Extensive modeling was done, with two major findings: a) Affordable housing units are associated with an increase in property values of 0.09% for existing residences within 1/16 of a mile, on average. (Removing set-asides, this goes up to 0.11. b) There CAN be a negative association in higher real estate value properties. Policy Implications: Data support additional affordable housing.

Implications for COA: Use this information to when talking with decision makers about adding, if not increasing, contributions to affordable housing. Address when NIMBY issues arise re upcoming developments for seniors, e.g., MFALF.

2. Arts Bonus Discussion (Karl Moritz)

The Old Town North (OTN) Coordinated Development District provides a new zoning density bonus for providing space for arts office space. Does this impact developers' choice of which, or both, density bonus to request? HILCO is asking for both, to cover much of its new development. This could add another two stories and greater density throughout the project. Two other OTN sites have requested arts bonus without affordable housing. Questions: Is it cheaper for developers to create the open shell for an arts space than creating actual housing units under the affordable housing zoning offer? This new zoning approach is on a "trial basis." When does that trial basis end?

Implications for COA: Keep an eye on this. Not only could the arts bonus reduce developer contributions for affordable housing – other groups are now looking at developer zoning bonuses to support their interests.

3. Consideration of Loan Request for the Replacement of Elevator at ParcView II. Vote on Loan Request (Eric Keeler/Kamilah McAfee) This facility houses many seniors. The loan request is to replace one of two elevators in the existing buildings. No residents will have to move during this change. The other elevator will be in service.

4. 2023 Housing Proposed Budget (Eric Keeler) Housing's budget of approximately \$15 million will shift more money to affordable home ownership, from primarily rental housing. They will soon begin work on their next master plan (2025-). AHAAC is asking staff for # and types of affordable units will be created and to provide #s of affordable units being lost due to

rising rents. Of concern to some AHAAC members is that most of the affordable housing trust fund monies are now or will soon be committed. Unless more developer money comes in to supplement the Meals Tax income, the half dozen or more projects in the pipeline may not be funded or funded to expected levels. Further, lenders for pipeline projects may be harder to find, lacking City funds. *This topic will be on next month's agenda again.* Ideas: A consortium of City and outside funders could meet annually to talk about working together on specific project. (Staff are looking at this) Could bonding be used? These concerns need to be discussed with Council.

Implications for COA: HIGH PRIORITY Please attend the March 23rd Council Work Session (zoom) at which some of these issues will be raised. This could have a major impact on creation of a multi-family affordable assisted living project, endorsed already by Council but lacking a site and additional funders. Time to talk to Housing and Council.

- 5. HILCO Development (OTN Power Plant Site)** Concept 3 has been submitted and staff comments on Concept 2 and more are now available. They have also presented their plans to Council in its recent Legislative Work Session. An Upcoming Community Work Session will focus on Transportation. HilCO will meet with AHAAC in April.

Implications for COA: See #s 2 and 4 re arts density bonus. We still need to contact the developer to see if affordable assisted living could be part of their plan.

- 6. ARHA Updates (Salena Zellers)** The Park Place renovations will provide handicapped access. A high priority is working with Samuel Madden and Ladrey residents, preparing them for upcoming development of their properties.

Implications for COA: HIGH PRIORITY Ladrey is one of two senior independent living facilities in Alexandria. It is the only publicly owned facility (HUD). With close to 300 seniors, the Commission will want to assure that the levels of care needed by current and waiting list residents are addressed in the transitional planning and implementation.

- 7. AHDC Updates (Jon Frederick)** AHDC just closed on ParkVue, located in Arlandria with 96 units. All newly renovated units will be at 60% AMI, and there will be some flexibility for existing tenants earning just above that level.

Implications for COA: Arlandria has many intergenerational households. What does COA know about the need for these and how they may be impacted? What does COA know about special housing needs for seniors in this community? This is important, given AHDC's planned large development in Arlandria (corner of Glebe and Mt. Vernon).

Notes by Jan Macidull, COA member of AHAAC

City of Alexandria, Commission on Aging
Outreach Committee Notes
March 2, 2022, 11:30 a.m. Via Zoom

This meeting was held electronically. A determination was made that it was not safe enough to be held in person.

Members Present: Ray Biegun, Barbara D'Agostino, Babs Waters, MaryAnne Beatty, Victoria Almquist, Jane King, Margaret Orlando, and Gerri Wallace.

Absent: Dawn Higgins and Gary Hacker

Hosting staff: Pamela Austin

The meeting was called to order at 11:31 a.m. by Ray Biegun.

Introductions were made due to recent changes in the committee. Ray Biegun introduced Barbara D'Agostino as the new co-chair.

1. Approval of Agenda

The agenda was approved as proposed.

2. Updates on Outreach to:

LGBTQ community: As a commission, we have done two virtual Alexandria PRIDE workshops (2020 and 2021). The Alexandria LGBTQ Task Force is again planning a PRIDE event in 2022 and it will be on Saturday June 4 at the Charles Houston Recreation Center. It has not yet been decided on whether it will be indoors or outdoors. It will be an opportunity for COA and DAAS to provide information on resources for the older LGBTQ community.

Senior Ambassadors:

MaryAnne Beatty reported that there are 100 Senior Ambassadors. She is touching base to see if all Ambassadors are still interested and receiving emails. She will be developing a survey to obtain metrics in terms of how many people we are reaching. She is connecting with Watergate at Landmark to put together a Dementia workshop, and has been working with Jackie Barbarito, the Goodwin House Alexandria Assisted Living Administrator. Margaret Shelter, Spanish speaking outreach coordinator the first session with Spanish speaking ambassadors and will be doing outreach with this community.

Age Friendly Plan:

Jane stated that we are in the process of evaluation. She believes all Goals from the past three-year plan have been accomplished. Further planning will be based on outcome of current plan. We reviewed the accomplishments of the past three years. Ray has put together the draft evaluation for review. Four goals were applicable to Outreach: Two goals for under Social Participation and Respect and Social Inclusion (formerly the Diversity Committee), and two goals under Communications. The Diversity and Communications Committees were combined in 2019 and became the Outreach Committee. Ray reviewed those goals and accomplishments. MaryAnne suggested adding that SSA sponsored a COVID vaccination clinic.

Babs suggested Cinco de Mayo for outreach to the Spanish speaking community. We need to engage with other organizations: actively listen, then give information and allow them to ask questions. Relationship building was mentioned – approaching slowly rather than parachuting in one time. Jane mentioned the Senior Ambassador Program as an important vehicle for that.

Gerri is working with Jane and will format our draft evaluation for the evaluation submission to AARP. Jane is working closely with AARP and hopes to provide the format for the next 3-year plan by the next Outreach Committee meeting on March 23. Jane said that AARP would like diversity, equity and inclusion emphasized.

Victoria, past Outreach Committee Chair, shared that outreach was done with neighborhood health and the Muslim community. This stopped due to the pandemic. This was with the Communications Committee before being merged into Outreach. Victoria also reached out to the Asian community. The Asian community was not particularly interested in outreach from outside their community. They take care of their own community, and many do not speak English. The Mosque had its own outreach program has not expressed a need for outside services. Some members commented that these secular communities tend to take care of themselves and are not interested in outside services.

Gerri is interested in City's outreach program, which has included funding in their budget. She will explore if it would be possible for us to piggyback on these funds for some of our outreach.

3. Committee Planning for 2022

Opportunities for Outreach: Pam reported that a new attorney at Alexandria Law wants to meet with Alexandria seniors and do a presentation, starting with Senior Centers.
Elizabeth M. Crego, Staff Attorney
Legal Services of Northern Virginia

Committee Goals: The last 3-year plan (2019-2021) included various diversity and communications goals. Our past accomplishments can help to inform our decisions for our goals for the future. Draft communication goals were discussed at the meeting and

Barbara will revise based on the feedback given. This will be a major focus for the March 23 Outreach meeting.

Outreach Committee Needs: Current members include MaryAnne Beatty, Ray Biegun, Barbara D'Agostino (COA Vice-Chair), Gary Hacker, Dawn Higgins, Jane King, Margaret Orlando, Gerri Wallace, Barbara Waters (COA Chair) and Pam Austin (staff). Victoria Almquist has agreed to attend for a few months to assist with transition. Outreach efforts continue to recruit new members.

5. Public comments: None

6. Date of next meeting: Wednesday, 23rd March 2022 at 11:30 p.m. via Zoom.

7. The meeting was adjourned at 12:55 p.m.

Notes prepared by Barbara D'Agostino, COA Vice-Chair



Commission on Aging
c/o Division of Aging and Adult Services
Department of Community & Human Services
6101 Stevenson Ave., Suite 200
Alexandria, VA 22304
www.Alexandriava.gov/Aging

March 10, 2022

sent via email c/o City Clerk gloria.sitton@alexandriava.gov for distribution to City Council Members

Mayor Wilson, Vice Mayor Jackson and Members of City Council
City Hall
301 King Street
Alexandria, VA 22314

Re: Request Increased Prioritization of Funding for Vision Zero and Complete Streets in FY 2023 Budget

Dear Mayor Wilson, Vice Mayor Jackson and Members of City Council:

The Commission on Aging (COA) asks the City Council to prioritize increased funding for Vision Zero and Complete Streets in the FY 2023 budget. These programs are critical to ensuring the safety of all Alexandrians, especially older adults, as they walk, bike, access transit, and drive around the City.

The City of Alexandria developed its first *Age Friendly Plan for a Livable Community* in 2018 as part of its membership in the AARP Network of Age-Friendly Communities in 2017. Alexandria was the first locality in Virginia to join the Network. The COA was proud to lead this effort for the City. The Plan established goals and objectives around six domains of livability that are key to helping older adults age successfully and enjoy a high quality of life. Transportation was one of those domains.

Goals in the transportation domain prioritized support for the City's Vision Zero goal, requested the application of Complete Streets guidelines for roadway redesign projects where safety issues have been identified, and called for improvements to make walking, biking, and driving safer for older adults. The Commission has worked with community partners to complete walk audits in neighborhoods with high levels of older adults and other vulnerable populations.

An appropriate level of staff resources devoted to managing the Complete Streets program is critical to achieving the transportation goals laid out in the *Age Friendly Plan*. The COA is concerned that the Complete Streets program has fewer FTE's than the program had four years ago and that there has been a high level of turnover in these positions costing the City valuable institutional knowledge as staff depart.

Complete Streets program staff have a large portfolio. They handle the Vision Zero program, manage the bicycle and pedestrian aspects of new developments, evaluate transportation aspects of Development Special Use Permits, coordinate with Recreation and Parks on trail issues, and manage Safe Routes to School improvements.

There is a tremendous amount of redevelopment underway in neighborhoods from the West End to Potomac Yard. Staff who manage the Complete Streets program will need to have a seat at the table to ensure the needs of seniors and other vulnerable populations are taken into account when the transportation infrastructure for these projects is designed and built. Additional staff resources devoted to Complete Streets will ensure this happens while also allowing staff to complete smaller neighborhood projects such as improvements recommended in walk audits.

The COA appreciates Council's consideration of more staffing resources for the Complete Streets program as well as accelerated implementation of the Vision Zero action plan through budget question #8 submitted by the Mayor and Councilman McPike. The Commission very much hopes these resources will be provided in FY 23 to make Alexandria's streets safer and improve the livability of the community.

My COA colleagues and I thank you for all of your hard work during the budget season.

Respectfully,

Barbara H. "Babs" Waters
Chair, Commission on Aging

Cc:
City Manager, Attn: Mr. James F. Parajon (jim.parajon@alexandriava.gov)
T&ES, Attn: Mr. Yon Lambert (yon.lambert@alexandriava.gov)

City of Alexandria, Commission on Aging
Health and Dementia Friendly Committee
March 3, 2022, 4:00 PM Via Zoom

This meeting was held electronically. A determination was made that it was not safe enough to be held in person.

Members Present: Barbara Agastino, Pamala Austin, Jackie Barbarito, Barbara Huelat, Janet King, Christopher Moore, Jenn Stow, Babs Waters,

Hosting Staff: Pamala Austin

Introductions: Each member introduced themselves and shared their interest and experience with the Committee:

Jenn Stowe – Commission for Women, Domestic Violence Program
Barbara Agastino- Goodwin House, supports Dementia Friends
Jackie Barbarito – Goodwin House, Dementia Friends Trainer
Janet King – Engagement in the Strategic Plan, Emergency Services, Elder Health Issues, Age Friendly
Babs Waters- CoA Chair, Dementia Friend
Chris Moore – Emergency Responders, PR Blitz
Barbara Huelat – Dementia Friend and Trainer, Care for the Dementia Caregiver
Pamela Austin – PR, Articles

Committee Mission: Members proposed Goals for the committee including the following topics and recommendations:

1. Support and continue to enhance Alexandria as a Dementia Friendly Community. Continue training, identify new trainers, and champions, bring programs to the metro, airports, restaurants.
2. Consider a program for Caregivers of those with dementia to offer support and identify resources. Investigate existing programs such as the Care for Caregivers Program at Johns Hopkins.
3. Spread the Word – Consider a PR blitz to support dementia, caregivers and elder health. Take advantage of Alzheimer’s Awareness Month (June) to get the word out on existing and proposed programming to support these issues. Engage with local media, Senior Services column, Zebra and city website.
4. Encourage all CoA member to be trained as Dementia Friends.
5. Develop a goal to address COVID related issues specifically for the senior community. This would address mental health, socializing and loneliness, as well as hygiene and health needs.
6. Engage Mark Warner as he is very supportive our issues.
7. Write Congress for dementia friendly education funding

Collaboration:

1. Identify collaboration opportunities with Fairfax County in their Dementia Friendly Community programs, AARP, other Friends of Dementia within the state
2. Consider Insite programs for Memory Care training

Next Meeting: April 7, 2022, at 4:00 PM

Meeting adjourned at 5:00 PM

Notes prepared by Barbara Huelat, Health and Dementia Friendly Committee